

SunDo Retreat Mail-in Registration

Name _____

Phone _____

Address _____

Email _____

Practice Level * _____

Your Instructor _____

Standard Rates

Seasonal Retreats

Spring \$115/day for 3-day

Summer \$115/day for 3-day, 5-day or 9-day

Fall \$115/day for 3-days

Winter \$115/day for 3 -days

Winter Intensive Retreat Rates

\$80 Non-member or guest level

\$70 Current Member & instructor trainee level

\$60 Instructor level

\$50 Senior Instructor & Teacher level

Early-bird Rates (for those registered for seasonal retreats at least two weeks prior to retreat start date)

Students ... Current members, instructor trainees, non-member or guest

\$95/day for 3-day and 5-day retreat

\$90/day for 9-day retreat with \$5/day discount

Instructors

\$80/day Instructor level

\$70/day Senior Instructor

\$60/day Teacher level

Cost & Information

To complete the information below, visit sundo.org or sundointernational.com for retreat schedule or dates if needed.

Number of Days _____ **Total Cost** (# of days X rate): Early-bird _____ Standard _____

Location _____ Arrival Date _____ Arrival Time _____

Payment Method Cash _____ Check _____

Checks payable to SunDo. Mail this form and payment to:

SunDo, C/O Treasurer Roy Bushman, 4125 34th Street, Cincinnati, Ohio 45209

* List current belt color or practice level. To apply for a belt promotion or instructor promotion, please visit the websites for requirements and applications form under the Membership section. Forms and fees are due 3 weeks prior to retreat start date.

